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| Physical Education (PE) Curriculum Overview Whole School  |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| Values | **Independence**  | **Cooperation**  | **Responsibility**  | **Respect**  | **Resilience**  | **Ambition** |
| Nursery | Our environment, including resources and teaching, provides developmentally appropriate ways for children to improve their fine and gross motor skills.  |
| Reception | Dance (dinosaurs) Walking 1 | Gymnastics Jumping 1 | Dance (nursery rhymes)Hands 1 | Gymnastics (Moving)Hands 2 | Dance (ourselves)Feet 1 | Rackets, Bats, Balls and BalloonsGames For Understanding |
| Year 1 | Dance (heroes) Running (1) | Gymnastics (body parts)Jumping 1 | Dance (growing)Hands 1 | Gymnastics (Wide, Narrow, Curled)Hands 2 | Dance (The Zoo)Feet 1 | Rackets, Bats, Balls and BalloonsGames For Understanding |
| Year 2 | Dance (explorers) Dodging 1 | Gymnastics (linking)Jumping 1 | Dance (Mr Candy’s Sweet Factory)Hands 1 | Gymnastics (pathways)Hands 2 | Dance (Water)Feet 1 | Rackets, Bats, Balls and BalloonsGames For Understanding |
| Year 3  | Dance (wild animals)Netball | Gymnastics (symmetry & asymmetry)Basketball | Dance (Greeks)Tag Rugby | OAA (Orienteering)Tennis | Dance (Witches and Wizards)Rounders | OAA (Problem Solving)Athletics |
| Year 4  | Dance (cats)Netball | Gymnastics (bridges)Basketball | Dance (Titanic)Tag Rugby | OAA (Orienteering)Tennis | Dance (Space) Rounders | OAA (Problem Solving)Athletics  |
| Year 5  | Dance (street art)Netball | Gymnastics (counter balance & counter tension)Basketball | Dance (The Circus)Tag Rugby | OAA (Orienteering)Tennis | Dance (weather)Rounders | OAA (Problem Solving)Athletics |
| Year 6 | Dance (World War II)Netball | Gymnastics (matching and mirroring)Basketball | Dance (Prejudice and discrimination)Tag Rugby | OAA (Orienteering)Tennis | Dance (carnival)Rounders | OAA (Problem Solving)Athletics |