



Physical Education (PE) Curriculum Overview Whole School

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Dance (dinosaurs) Walking 1	Gymnastics (high, low, over, under) Jumping 1	Dance (nursery rhymes) Hands 1	Gymnastics (Moving) Hands 2	Dance (ourselves) Feet 1	Rackets, Bats, Balls and Balloons Games For Understanding
Year 1	Dance (heroes) Running (1)	Gymnastics (body parts) Jumping 1	Dance (growing) Hands 1	Gymnastics (Wide, Narrow, Curled) Hands 2	Dance (The Zoo) Feet 1	Rackets, Bats, Balls and Balloons Games For Understanding
Year 2	Dance (explorers) Dodging 1	Gymnastics (linking) Jumping 1	Dance (Mr Candy's Sweet Factory) Hands 1	Gymnastics (pathways) Hands 2	Dance (Water) Feet 1	Rackets, Bats, Balls and Balloons Games For Understanding
Year 3	Dance (wild animals) Netball	Gymnastics (symmetry & asymmetry) Dodgeball	Dance (Greeks) Tag Rugby	Health and Wellbeing Tennis	Dance (Witches and Wizards) Rounders	OAA (Orienteering) Athletics
Year 4	Dance (cats) Netball	Gymnastics (bridges) Hockey	Dance (Titanic) Football	OAA (Orienteering) Cricket	Dance (Space) Athletics	Health and Wellbeing Rounders
Year 5	Dance (street art) Netball	Gymnastics (counter balance & counter tension) Dodgeball	Dance (The Circus) Tag Rugby	Health Related Exercise Tennis	Dance (weather) Rounders	OAA (Orienteering) Athletics
Year 6	Dance (World War II) Netball	Gymnastics (matching and mirroring) Hockey	Dance (Prejudice and discrimination) Football	OAA (Orienteering) Cricket	Dance (carnival) Athletics	Health Related Exercise Rounders